



Bereavement Resources

Bereavement Doulas:

Kasie Ballard: 804-824-0066
www.ahopefulheartdoula.com
Kasie@ahopefulheartdoula.com

Caroline Tripp: 757-790-3711
www.bellavitadoulava.com
bellavitadoula@outlook.com

Now I Lay Me Down To Sleep (Portrait Photography)

www.nowilaymedowntosleep.org

Project 11

<https://www.facebook.com/11withthomas/>

Kennedy's Angels Gowns

www.kennedysangelgowns.org
757-263-8479
Heather Wilson

The Compassionate Friends

www.compassionatefriends.org

Williamsburg 757-206-1177 2nd Monday of each month 7 p.m.

Yorktown 757-384-0823 1st Monday of each month 7 p.m.

Suffolk 757-238-2671 2nd Thursday of each month 7 p.m.

Compassionate friends of Richmond

<http://www.compassionatefriendsrva.org/home.aspx>

Compassionate friends of Charlottesville

<https://www.compassionatefriends.org/chapter/piedmont-chapter/>

Compassionate friends of Roanoke

<https://www.compassionatefriends.org/chapter/tcf-of-roanoke-valley-1/>

Compassionate friends of Lynchburg

<https://www.compassionatefriends.org/chapter/central-virginia-chapter/>

Compassionate friends Virginia Beach

<https://www.compassionatefriends.org/chapter/tidewater-chapter/>

Good Mourning Counseling: Hampton Roads

<https://www.goodmourningllc.com/>

The Joyful Morning: Podcast and Facebook Support Group

<http://www.themorning.com/>

Full Circle Support Group: Richmond

<http://fullcirclegc.org/>

Star Legacy Foundation

<http://starlegacyfoundation.org/resources/>
www.starlegacyfoundation.org/virginia-chapter/

Forget Me Not Foundation

<http://www.fmnfoundation.com/>

Maddilynn's Memory

www.facebook.com/MaddilynnsMemory (memorial clay sculptures)

Hayden's Helping Hands

<https://www.haydenhelpinghands.com/> (dedicated to financially assist parents with medical expenses after the birth of a stillborn baby)

Faith's Lodge

<https://faithslodge.org/>

Still Birthday

www.stillbirthday.com

Molly Bears

<https://www.mollybears.org/>

Still Mothers: Hampton Roads

<https://www.facebook.com/groups/312909036157191/>

Books:

- With All the Pieces by Kasie Ballard
- Plan B by Pete Wilson
- Made for a Different Land by Lianna Davis
- Empty Cradle, Broken Heart by Deborah Davis
- Pregnancy After a Loss by Carol Lanham
- Empty Arms by Sherokee Ilse
- Healing Your Grieving Heart After Stillbirth by Alan Wolfelt and Raelynn Maloney
- When Hello Means Goodbye by Pat Schwiebert

Special Delivery

<https://www.specialdeliverybook.org/info/> (One unique tool that we gift to families and organizations that support them is the Special Delivery children's book. This story is non-religious and fully illustrated with babies of multiple skin tones. It provides a universal visual guide that parents may use to talk about possible health conditions of a newborn, especially if the baby spends time in the NICU or passes away. Each page is a springboard to discuss facts, feelings, and questions.)