

# FEBRUARY 2023 HONORED ANGEL

## *Dakota Patterson*

11.2.2022

I would like to honor our precious baby boy Dakota Patterson.

On November 2nd I went into Portsmouth Naval Hospital thinking I had to flu to find out our baby boys heartbeat stopped and I was actively in labor. Dakota was only 17 weeks old. As a military family we often have to say goodbye more frequently, but nothing could have prepared us for saying goodbye to Dakota.

After losing Dakota I still had to fight for my life as I went into DKA. I ended up being in the hospital for 5 days. During my time there a nurse gave me a little lama from weighted angels. I slept with my lama every night in the hospital as I got better.

Now my 4-year old daughter has the lama to help process her grief and missing her baby brother. Thank you for the lama and the huge support system weighted angels provides.